

# How to achieve your goals

Why are the lives of many people radically different from the lives of others? Why does one live a fun and happy, while others live in the grayness and gloom? How to change your life and make it meaningful? How to become a successful, happy and maybe even rich? This article will help to answer these and many other questions.

How sad it is sometimes many to realize that life passes by. Sad that not had and could not much to do and try. Sad that every day you have to go to no job [best online resume writing services](#) and to do the same not favorite things. Because of all this, life for many becomes boring, dull and monotonous. And most surprisingly, these people try to blame all their failures on the circumstances, either of the parents, the bosses, the government and the President. In General, anyone, but not myself. They start to become angry and envious towards those who drive expensive cars, beautiful dresses and enjoy the attention of the opposite sex. They think that all rich, successful and famous just got lucky in life with the looks, voice, or rich parents.

In most cases, of course, they are right in saying that many have achieved success through dishonest work, luck or rich parents. But do not forget that there are many examples of people who have made themselves, starting from the bottom. They didn't have wealthy parents and good looks, they are not particularly different. But they had something else, something that, unfortunately, there are those who are now lying on the couch, or spends precious hours of his life in social networks. No, it's not Aladdin's magic lamp, and not a goldfish. Everything is much easier.

So, in order to make your life bright and meaningful, you just need to set a goal or maybe even a few, for which to strive. For example, to learn any new profession or skill, enrolling in courses or trainings. This may be training or retraining for another specialty with the help of which you can have an extra income.

Or, for example, many people dream of becoming famous. Today to achieve this much easier than in the days when there was no Internet. Become known and famous almost everyone who would ask for such a purpose and unwavering will to achieve it. For this you need to learn to do something very well and show it to the public. For example, sing, dance, play guitar, etc. the runway on the way to your popularity can become free video streaming sites in the Internet where you can post your videos, which you perfectly play the guitar, sing songs or dance. There you are guaranteed to see many. Some will praise you, others to criticize or just nothing to do to write disgusting comments, after which even may lose the desire to do something. But that's no reason to stop. Of course, it will not be easy. You will not only have to learn how to upload videos, but also qualitatively to remove and correctly install. You will need to pay attention on the quality of shooting and at the correct angle, environment, background, setting light and sound. If all requirements are met, and your regularly upload videos there will be many views and many subscribers, then sooner or later you might notice some producer or Director.

This is just one example of the many goals that can be put in life and start to achieve. Such purposes can be several, and each person they can be different. But sometimes it happens that a person already has a purpose in life, but to achieve it, he still somehow can not. The causes may be different, but in order not to lose interest in your goal and continue to strive for it, you need to follow some rules.

## Motivation

The loss of motivation is one of the main reasons that people cease to strive for their goals. Very often this is because the person ceases to feel the progress in achieving the objectives, or just overcome laziness, apathy and unwillingness to do anything. In order to take it back and get back on the path of the warrior, you need to play with your imagination. At a time when you are overcome with laziness and do anything at all, is not hunting, you just need to imagine what you will be what you can become, and what will be the result if you achieve your goal. For example, in those moments when you don't want to go to the gym and do these boring exercises, or you do not want to go for a run, then imagine how you can become slim and fit. Imagine that you will have sports and inflated body, and you will always receive the attention of the opposite sex, but all our friends will be with admiration and envy to ask, where did your belly and ask you for advice. And to achieve this everyone can, you just don't lose motivation and often to visualize the images of the future.

## Difficulties

Never stop in front of difficulties, because, having done it once, they can only become greater. If you will overcome all the difficulties, you will temper your character and will gain confidence.

## Envy

Making it my goal in life and start to achieve it, need to get rid of such feelings as jealousy. Jealous of someone or something, you lose a lot of strength and energy, which could be useful in achieving their goals. Know that you too can achieve what envy, and you too, will soon be.

## Sub-goal

If that is what you seek, cannot be achieved quickly and easily, then you need to divide your goal into sub-goals and start to achieve them first. For example, if you dream about an expensive car, but your salary is not enough for you to even postpone, the need to find additional income or to change jobs. And in order to perform a better paying job, you must have some skills. And in order to get them, you must learn. Exactly and achieve their goals, many successful people.

## Faith

And last but not the least important is faith in yourself and your dreams. Do not think about what I would say to friends, and that you will be blamed loved ones, when you'll change something in my life. If you clearly set a goal and decided to achieve, then you need to discard all doubt and to always believe in yourself and in the correctness of your choice.